

Aspire Skills

Level 4 Curriculum

- 1. Back power three-turns, both directions**
- 2. Five-Step Mohawk sequence, both directions**
- 3. Camel-sit spin combination (min. 2 revolutions each position)**
- 4. Attitude Spin (min 3 revolutions)**
- 5. Flip Jump**
- 6. Lutz Jump**
- 7. Forward Power Pulls (R and L)**
- 8. Backward outside pivot (optional entry)**
- 9. Waltz Jump + Loop Combo**
- 10. Waltz Jump + Euler + Salchow Combo**
- 11. Loop + Loop Combo**
- 12. Back Scratch Spin (min 4 revolutions)**