SKATING ACADEMY

ASPIRE LEVEL 4A AND 4B

LEVEL 4A

5 Step C-Step Sequence

Flip Jump

Waltz Jump+ Loop Jump Combo

Waltz Jump + Euler + Salchow Jump Sequence

Back Scratch Spin minimum 4 revolutions

LEVEL 4B

Back Power 3 Turns Right and Left

Forward Camel to Forward Sit Spin Combo

Attitude Spin

Lutz Jump

Forward Power Pulls Right and Left

Backward Outside Pivot

Loop Jump + loop Jump Combo