SKATING ACADEMY

ASPIRE LEVEL 1A AND 1B

LEVEL 1A

Forward Inside 3 Turns

T Stops Right and Left

Bunny Hop

½ Flip Jump

Forward Spirals on a straight Line Right and Left

Landing Position on a Circle

Back Inside Pivot Roght and Left

1 Foot Spin from Backward Crossovers

LEVEL 1B

Forward Inside Open C-Step from a standstill Right and Left

Back Outside Edge to Forward Outside Edge Transition on a Circle

Waltz Jump from Backward Crossovers

½ Lutz Jump

Scratch Spin from a T Position

Waltz Jump + Waltz Jump Sequence